



PARENT EDUCATIONAL CENTER - SESSION 1: August 19-October 25, 2019



CLASS TITLE	CLASS DESCRIPTOR	Rm	Monday	Tuesday	Wednesday	Thursday	Friday
General Educational Development (GED) Español	Prepare for the Spanish GED examination and obtain your High School equivalency through a self-guided program. For English GED preparation, please contact our office. Orientation: By appointment	C-2	10:30-12:00	10:30-12:00	10:30-12:00	10:30-12:00	Tutoring
English as a Second Language Level 1	ESL classes enable student to comprehend, speak and read, write in English level 1. Placement will be determined by examination. (Registration for new students August 2019)	C-3	11:00-1:00	8:30-10:30	11:00-1:00	8:30-10:30	
English as a Second Language Level 2	ESL classes enable student to comprehend, speak and read, write in English level 2. Placement will be determined by examination. (Registration for new students August 2019)	C-3	8:30-10:30		8:30-10:30		
English as a Second Language Level 3	ESL classes enable student to comprehend, speak and read, write in English level 3. Placement will be determined by examination. (Registration for new students August 2019)	C-3		11:00-1:00		11:00-1:00	
12 Powers of Family Business	Learn to support your child by developing their confidence through the power of family business, purpose and knowledge.	CR-1					10:30-12:00
Plaza Primaria / Plaza Secundaria (TBD with Staff)	Build early Spanish literacy skills to earn your 'Primaria' certificate through the Mexican Consulate as a pathway to the 'Secundaria' certificate.	C-2	8:30-10:00	8:30-10:00	8:30-10:00	8:30-10:00	
Dive Into Your Kitchen	Create a fabulous cookbook using your best recipes from your own kitchen. Participants will share the history of the dish, prepare, teach and sample it with the class.	CR-1		10:45-11:45			
Systematic Training for Effective Parenting (STEP)	Learn strategies that will help your adolescent teen demonstrate positive behavior both at home and at school. (Classes take place at Ramona Elementary in room 14)	Ramona					8:30 - 10:30
Living Your Best Life & Avoiding Junk Food	Learn the importance of living a healthy life through several presentations from the Heal Zone Staff to help us live a healthier and active life for our families.	PL-2		11:15-12:15			
Yarn & Music & Stories	Share your personal stories as you listen to music and create a beautiful piece of yarn art. Use this technique at home with your child to increase their oral language and listening skills.	PL-2					8:30 - 10:00
Technology in your Golden Age	It's never too late to learn technology and the useful applications available in the 21 st century.	CR-1			10:45-12:00		
The Beauty of Creativity	This class is full of surprises, so come every week to discover what fun and creative projects & crafts await you! Be prepared to brush up on your math, vocabulary, technology and critical thinking skills.	CR-1	11:15-12:15				
ART: A Blast from the Past (Tech LEVEL 2)	Using Google applications and internet research learn about art and that time period in history. Create a digital and creative art project and present it in class.	CR-1		9:15-11:00		9:15-11:00	
Computer Lab	A self-paced technology practice to apply skills learned in the basic computer class, iPad class, keyboarding or the online GED program.	CR-1		11:00-12:00		11:00-12:00	
Diving into Keyboarding (Tech LEVEL 1)	Learn the art of writing descriptive sentences while developing speed and accuracy by learning the touch operation of the computer keyboard. Participants will read a classic and engaging book that models descriptive language.	CR-1	8:45-10:30		8:45-10:30		
Book Club for Parents	Increase your parenting skills & brush up on your reading through the use of a book club structure to help our children become successful and independent citizens.	PL-2		8:30-9:15		8:30-9:15	
Conversational English Café	Practice listening and speaking to improve your vocabulary, pronunciation and conversational English skills in a Café style setting.	PL-2		10:30-11:00	10:30-11:00		

WALK & TALK: MONDAY - THURSDAY 8:00-8:30 a.m.

REGISTRATION: AUGUST 7-16, 2019



"DIVE INTO THE PEC"

AZTEC DANCE - FRIDAYS 7:00-9:00 p.m. in the Linda Vista MPR

BIRTHDAY CELEBRATIONS 10:15 a.m. - AUG. 28; SEPT. 25; OCT. 23